

19<sup>th</sup> March 2020

Dear Guests,

In view of the current COVID-19 situation, The Yoga School will close from Friday, 20th March 2020 for two weeks until Monday, 6th April 2020.

Upon reopening, the Yoga School will continue to implement the following policies to safeguard your health and well-being as well as those of everyone at The Yoga School:

1. Everyone entering The Yoga School will be required to have their temperature taken.
2. The Yoga School reserves the right to obtain contact details and travel and contact history of anyone entering The Yoga School for contact tracing purposes.
3. The Yoga School reserves the right to turn away anyone who is unwell, including individuals with a body temperature that exceeds 37.5 degrees Celsius, signs of runny nose, cough, shortness of breath or other symptoms of cold or influenza.
4. Class participants shall arrange their yoga mats at least one metre apart from one another and are advised to reduce contact with others.
5. The Yoga School will waive any cancellation charges for cancellations received with less than 24 hours' notice.

In the light of foregoing policies, The Yoga School also requests that you refrain from coming to the Yoga School after reopening if you either:

1. have returned from overseas in the last 14 days;
2. are in close contact with people who have returned from overseas in the last 14 days;
3. are unwell or who exhibit fever and/or other symptoms of respiratory illness;
4. have tested positive for COVID-19 and/or are serving Quarantine Orders or Stay-Home Notices; or
5. are in close contact with people who have tested positive for COVID-19 and/or are serving Quarantine Orders or Stay-Home Notices.

In addition, the following measures will be undertaken by The Yoga School to ensure your well-being:

1. Temperatures of all staff, clients and visitors to The Yoga School will be taken and recorded.
2. Yoga mats will be steamed after every use.
3. Hand sanitisers will be made available for your use at the lift lobby. You are advised to wash your hands both BEFORE and AFTER class and to avoid rubbing your eyes or touching your nose or mouth when in the studio.



4. Teachers who:

- a. have returned from overseas in the last 14 days;
  - b. are in close contact with people who have returned from overseas in the last 14 days;
  - c. are unwell or who exhibit fever and/or other symptoms of respiratory illness;
  - d. have tested positive for COVID-19 and/or are serving Quarantine Orders or Stay-Home Notices; or
  - e. are in close contact with people who have tested positive for COVID-19 and/or are serving Quarantine Orders or Stay-Home Notices,
- will also be asked to avoid teaching.

We thank you for your cooperation and understanding during this period. The Yoga School strives to provide a safe place for everyone to practice yoga and we will continue to keep you apprised of any new developments.

